



# From A to Z:

## How to wreck a happy marriage

Top marriage counselors agree: The surest way to a broken heart and marriage breakup is to follow these alphabetical offenses to the letter.

Making one or more of these all-too-typical mistakes is marital suicide.

If you see yourself in any of these sticky situations, better break those bad habits fast — or risk a trip to divorce court.

**A IS FOR ADULTERY.** Cheating at love causes one in three divorces.

**B IS FOR BOOZE.** Hang out in bars if you want to live by yourself.

**C IS FOR CREDIT CARDS.** Landing in debt is a quick way to strain a marriage.

**D IS FOR DRUGS.** No one wants to stay married to a spaced-out fool.

**E IS FOR ENVY.** Cast a jealous eye at single pals if you want to add a touch of bitterness to your marriage.

**F IS FOR FORGETTING THAT BIRTHDAY OR WEDDING ANNIVERSARY.** A well-trodden route to the divorce court.

**G IS FOR GAMBLING.** That's an odds-on favorite to cause a bust-up with your loved one.

**H IS YOUR SEPARATE HOBBIES.** Golf can slice a couple in two and bowling can knock the pins out from under a marriage — unless you do them as a couple.

**I IS FOR IMAGINING THAT YOUR PARTNER IS UP TO NO GOOD.** It can be as catastrophic as the real thing.

**J IS FOR JOGGING.** An early morning cuddle in bed is often better for a marriage than taking off around the block.

**K IS FOR KINKY SEX.** If it suits you both, fine. But if it's a turnoff for one, prepare for the Big D — Divorce.

**L IS FOR LIES.** They'll come back to haunt you and pave the way to heartache and acrimony.

**M IS FOR MOM-IN-LAW.** Surveys show that at least one in every 100 divorced couples blame their in-laws.

**N IS FOR NAGGING.** A henpecked husband — or wife — is soon on the phone to a lawyer.

**O IS FOR OVEREATING.** It makes you fat and unattractive. Sleeping with a fat slob puts the freeze on a marriage.

**P IS FOR PRANKS.** A divorce court heard this year how a wife shaved her husband's eyebrows while he slept.

**Q IS FOR QUESTIONS.** Where have you been? Who were you with? This sort of inquisition can spell the end of a happy marriage.

**R IS FOR REFUSING TO COMPROMISE.** Shout each other down and never listen if you're tired of marriage.

**S IS FOR SULKING IN SILENCE.** Mope — but don't tell your partner why you're upset. The split soon follows.

**T IS FOR TAKING HIM OR HER FOR GRANTED.** You'll drift apart if you don't whisper, "I love you," often.

**U IS FOR UNDERMINING YOUR PARTNER.** Don't ever call your husband a wimp or your wife a plain Jane.

**V IS FOR VACUUM CLEANING AT THE WRONG TIME.** Like when he's in bed nursing a hangover.

**W IS FOR CLUBS FOR WIFE-SWAPPING.** Join one if you want to swap marriage for bachelorhood.

**X IS FOR XXX-RATED VIDEOS.** Tune into these and you may as well fast-forward to a divorce.

**Y IS FOR YOUNG LOVE.** The less mature you are when you tie the knot, the more likely your marriage is to fail.

**Z IS FOR ZZZZZ!** If you're too tired to make love at night, you're too tired to make a go of your marriage!