

How to Make a Peanut Butter and Jelly Sandwich

TOPIC: *Dating*

SCRIPTURE: *Song of Songs 8:4*

SUPPLIES: *bread, knives, peanut butter, jelly, paper plates, table, chairs*

Before this game, set out bread, knives, peanut butter, jelly, and paper plates on a table.

Have teenagers form pairs. Explain to the group that the pairs are going to compete in a contest to see who can make the best peanut butter and jelly sandwich. The catch is that one person is going to give the instructions without looking at his or her partner who must follow the instructions. The person following the instructions must pretend that he or she has never made a sandwich and must rely only on the partner's advice. For example, if the partner giving instructions says, "First, put the peanut butter on the bread,"

the partner following the instructions might put the jar of peanut butter on top of the unopened loaf of bread.

Have one partner in each pair stand at the table with the sandwich supplies. The other partner should sit on a chair behind the person at the table, facing away from the table. Give pairs several minutes to make their sandwiches. Monitor the contest to be sure sandwich-makers are following their partners' instructions.

When pairs have finished, affirm them for their creativity, accuracy, or other fun sandwich-making characteristics, and invite them to eat their sandwiches.

DISCUSSION

- Partners giving instructions, what made your job easy or difficult?
- Partners receiving instructions, what made your job easy or difficult?
- What would have made this game easier? Why?
- What happens when we don't follow the right procedures in real-life situations?
- Read Song of Songs 8:4. What do you think this verse means?
- Why do you think God cares what we do in dating relationships?
- How can we avoid making bad decisions in dating relationships?